

FREE PRINTABLE

Montessori-at-Home Starter Pack

Practical-life cards, a shelf-work planner, sensorial ideas, and tracing.

6 pages · Ages 1-6 · PDF, US Letter

Montessori at home in 4 ideas

The approach, not the price tag.

Real, purposeful work

Give children real tasks with child-sized tools -- pouring, sorting, washing. They love contributing.

Show, then step back

Demonstrate slowly once, without talking over it, then let your child do it and repeat as long as they like.

Prepared shelf

Offer a few activities on a low, accessible shelf. Rotate them when interest fades.

Control of error

Choose activities where the child can see for themselves whether it 'worked' -- it builds independence and concentration.

Practical-life activity cards

Use household items -- no special toys needed.

Pouring

Two small pitchers + a sponge.

Spooning

Transfer beans between two bowls.

Banana slicing

A child-safe knife + a banana.

Table washing

A small sponge + a bowl of water.

Dressing frame

Old clothes with a zip/button on a hoop.

Watering plants

A small watering can.

Sock matching

Pair clean socks from the laundry.

Table setting

A placemat outline to match.

Weekly shelf-work planner

Plan a few activities to rotate.

| | Practical life | Sensorial | Fine motor |
|-----------|-----------------------|------------------|-------------------|
| Morning | | | |
| Midday | | | |
| Afternoon | | | |

Sensorial: matching & sorting

Set these up with things you already own.

- Match fabric textures in pairs
- Match paint-chip colors
- Sort objects big to small
- Sound jars: match the pairs
- Mystery bag: feel and name
- Smelling jars: match scents

Sandpaper-style letter tracing

Trace with a finger first, then a pencil.

a b c

d e f

1 2 3

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