

**FREE PRINTABLE**

# Preschool Learning Pack

Alphabet and number tracing, shapes, and a color hunt --  
ages 3-5.

11 pages · Ages 3-5 · PDF, US Letter

# Trace uppercase letters

Trace each row, then write one yourself.

A B C D

E F G H

I J K L

M N O P

# Trace uppercase letters

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Q R S T

U V W X

Y Z

## Trace lowercase letters

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a b c d

e f g h

i j k l

m n o p

## Trace lowercase letters

---

q r s t

u v w x

y z

# Trace & count numbers

Trace the number, then count it out.

1 2 3 4 5

6 7 8 9 10

## Numbers 11-20

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11 12 13

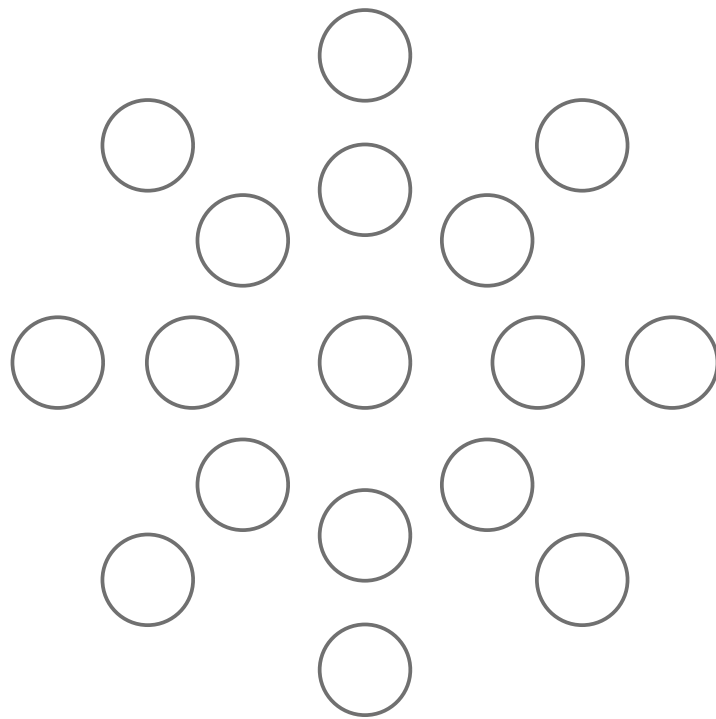
14 15 16

17 18 19 20

# Shapes to dab & name

Dab the dots and say the shape.

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# Color & shape hunt

Find one of each around the house.

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- A circle
- A square
- A triangle
- A rectangle
- A star

- A heart
- Something red
- Something blue
- Something yellow
- Something green

# Play-dough letter mats -- how to use

Roll dough 'snakes' and shape them onto the letters you trace.

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## **Why it works**

Forming letters with dough builds the hand strength and letter memory that handwriting needs -- without pencil frustration.

## **Try this**

Start with the letters in your child's name. Say the letter sound as you build it. Keep sessions short and playful.

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